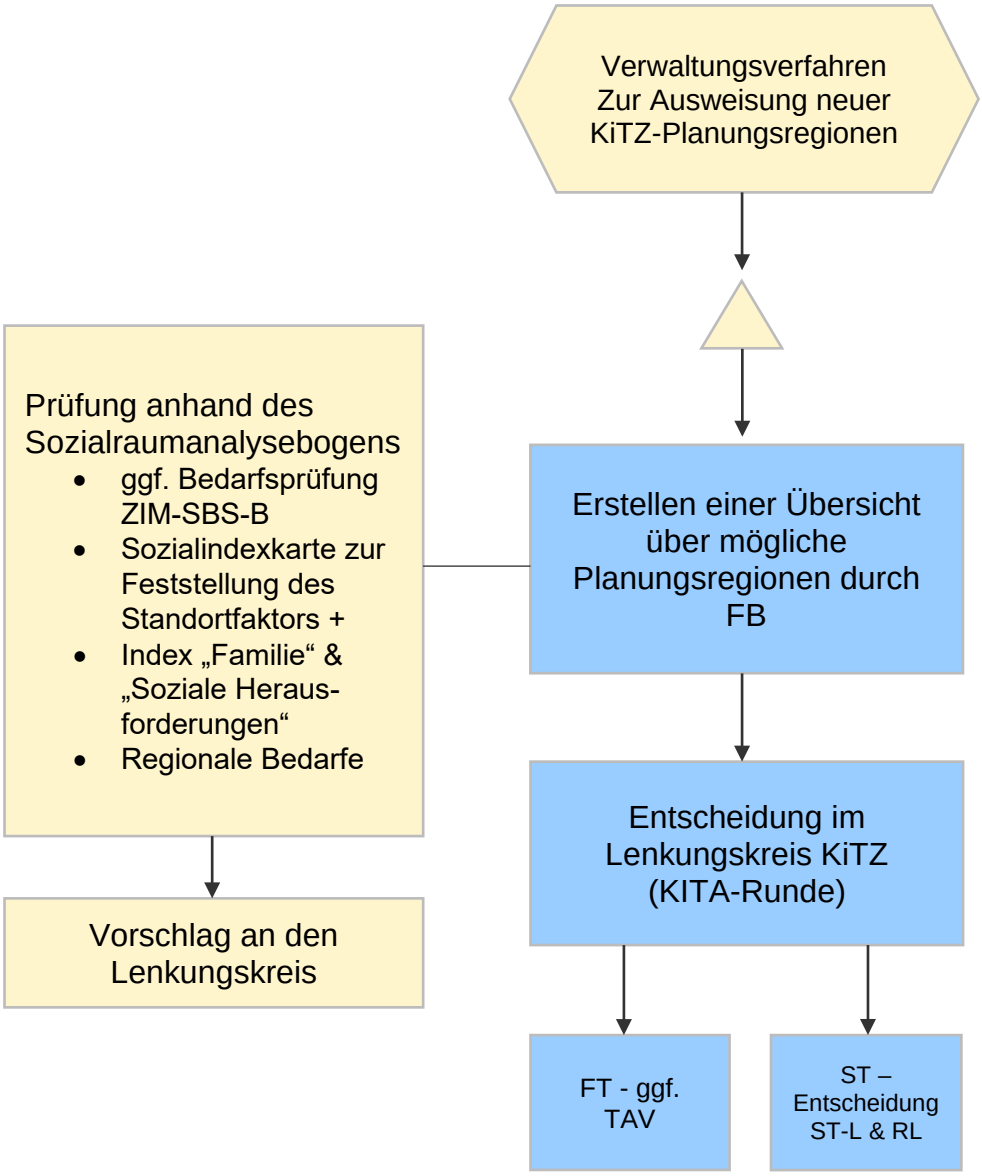KiTZ-Planungsregionen definieren